

The Gates Curriculum Overview

PSHE

Cycle A+B

Year	Autumn	Spring	Summer
EYFS	<p>Making relationships Turn taking, communicating appropriately, identifying important people (friends/family)</p> <p>Managing self Understanding of rules and following rules independently. Awareness of healthy and unhealthy.</p>	<p>Making relationships Continues to develop a wider awareness of their own feelings, such as 'jealous', 'worried' and 'frightened'; Begin to understand their actions have a consequence</p> <p>Managing self Developing a 'can do' attitude in line with the school's 'I can't do it yet' growth mind-set and Golden Goals of resilience.</p>	<p>Making relationships Responds appropriately to a wider range of feelings; begins to regulate their own feelings; shows sensitivity to the needs of others</p> <p>Managing self Confident to try new activities, shows independence and resilience, plays cooperatively with others, knows the importance of healthy food choices; manages basic personal hygiene</p>

Cycle A 2022-2023

	Autumn <i>Relationships</i>	Spring <i>Living in the wider world</i>	Summer <i>Health and wellbeing</i>
KS1	<p>Families and friendships-Role of different people; families; feelings care for</p> <p>Safe relationships- Recognising privacy; staying safe; seeking permission.</p>	<p>Belonging to a Community- What rules are; caring for others' needs; looking after the environment</p> <p>Media literacy and digital resilience-</p>	<p>Physical health and Mental wellbeing- Keeping healthy; food and exercise, hygiene routines; sun safety</p> <p>Growing and</p>

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	<p>Respecting ourselves and others- How behaviour affects other; being polite and respectful</p>	<p>Using the internet and digital devices; communicating online</p> <p>Money and work- Strengths and interests; jobs in the community</p>	<p>Changing- Recognising what makes them unique and special; feelings; managing when things go wrong</p> <p>Keeping safe- How rules and age restrictions help us; keeping safe online</p>
LKS2	<p>Families and friendships- What makes a family; features of family life</p> <p>Safe relationships- Personal boundaries; safely responding to others; the impact of hurtful Behaviour</p> <p>Respecting ourselves and others- Recognising respectful behaviour; the importance of self-respect; courtesy and being polite</p>	<p>Belonging to a Community- The value of rules and laws; rights, freedoms and responsibilities</p> <p>Media literacy and digital resilience- How the internet is used; assessing information online</p> <p>Money and work- Different jobs and skills; job stereotypes; setting personal goals</p>	<p>Physical health and Mental wellbeing- Health choices and habits; what affects feelings; expressing feelings</p> <p>Growing and Changing- Personal strengths and achievements; managing and reframing setbacks</p> <p>Keeping safe- Risks and hazards; safety in the local environment and unfamiliar places</p>
UKS2	<p>Families and friendships- Managing friendships and peer influence</p> <p>Safe relationships- Physical contact and feeling safe</p>	<p>Belonging to a Community- Protecting the environment; compassion towards others</p> <p>Media literacy and digital resilience- How</p>	<p>Physical health and Mental wellbeing- Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies</p> <p>Growing and</p>



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	<p>Respecting ourselves and others- Responding respectfully to a wide range of people; recognising prejudice and discrimination</p>	<p>information online is targeted; different media types, their role and impact</p> <p>Money and work- Identifying job interests and aspirations; what influences career choices; workplace stereotypes</p>	<p>Changing- Personal identity; recognising individuality and different qualities; mental wellbeing</p> <p>Keeping safe- Keeping safe in different situations, including responding in emergencies, first aid</p> <p>Year 5 only- Physical and emotional changes in puberty; external genitalia; personal hygiene routines;</p> <p>Year 6 only - human reproduction and birth; increasing independence; managing transition</p>
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Cycle B 2023-2024

	<p>Autumn <i>Relationships</i></p>	<p>Spring <i>Living in the wider world</i></p>	<p>Summer <i>Health and wellbeing</i></p>
<p>KS1</p>	<p>Families and friendships- Making friends; feeling lonely and getting help</p> <p>Safe relationships- Managing secrets; resisting pressure and getting help; recognising hurtful behaviour</p> <p>Respecting ourselves and others-</p>	<p>Belonging to a Community- Belonging to a group; roles and responsibilities; being the same and different in the community</p> <p>Media literacy and digital resilience- The internet in everyday life; online content and information</p> <p>Money and work-</p>	<p>Physical health and Mental wellbeing- Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help</p> <p>Growing and Changing- Growing older; naming body parts; moving class or year</p>

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	<p>Recognising things in common and differences; playing and working cooperatively; sharing opinions</p>	<p>What money is; needs and wants; looking after money</p>	<p>Keeping safe- Safety in different environments; risk and safety at home; emergencies</p>
LKS2	<p>Families and friendships- Positive friendships, including online</p> <p>Safe relationships- Responding to hurtful behaviour; managing confidentiality; recognising risks online</p> <p>Respecting ourselves and others- Respecting differences and similarities; discussing difference sensitively</p>	<p>Belonging to a Community- What makes a community; shared responsibilities</p> <p>Media literacy and digital resilience- How data is shared and used</p> <p>Money and work- Making decisions about money; using and keeping money safe</p>	<p>Physical health and Mental wellbeing- Maintaining a balanced lifestyle; oral hygiene and dental care</p> <p>Keeping safe-Medicines and household products; drugs common to everyday life</p>
UKS2	<p>Families and friendships- Attraction to others; romantic relationships; civil partnership and marriage</p> <p>Safe relationships- Recognising and managing pressure; consent in different situations</p> <p>Respecting ourselves and others-Expressing opinions and respecting other points of view,</p>	<p>Belonging to a Community- Valuing diversity; challenging discrimination and stereotypes</p> <p>Media literacy and digital resilience- Evaluating media sources; sharing things online</p> <p>Money and work-</p>	<p>Physical health and Mental wellbeing- What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online</p> <p>Growing and Changing- Increasing independence; managing transition</p>



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including discussing

Influences and attitudes to money;
money and financial risks

Keeping safe-

Keeping personal information safe;
regulations and choices; drug use
and the law; drug use and the media

Year 5 only- Physical and emotional changes
in puberty; external genitalia; personal
hygiene routines;

Year 6 only - human reproduction and birth;
increasing independence; managing transition