



The Gates Curriculum Overview

Physical Education

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	PHYSICAL DEVELOPMENT Gross Motor: large muscular shoulder movements e.g. sweeping brushes and large inflatable balls, using a range of large tools and apparatus Fine motor: small muscular movements, finger strength development, using small tools and apparatus Dressing and Undressing independently Developing cutlery skills Listening and Attention Games – Following Instruction		AWARENESS	ABC	SEND & RECEIVE	ATHLETICS
			PHYSICAL DEVELOPMENT Gross Motor: large muscular shoulder movements e.g. sweeping brushes and large inflatable balls, using a range of large tools and apparatus Fine motor: small muscular movements, finger strength development, using small tools and apparatus		PHYSICAL DEVELOPMENT Gross Motor: large muscular shoulder movements e.g. sweeping brushes and large inflatable balls, using a range of large tools and apparatus Fine motor: small muscular movements, finger strength development, using small tools and apparatus	

Cycle A 2022-2023

	Autumn 1		Spring 1		Summer 1	
Year 1	ABC	AWARENESS	SEND & RECEIVE	ATTACK & DEFEND	BASKETBALL	ATHLETICS
	GYMNASTICS 1-6	SAQ	DANCE	GYMNASTICS 7-12	COMPETITIVE	FOOTBALL
Year 2	ABC	AWARENESS	SEND & RECEIVE	ATTACK & DEFEND	BASKETBALL	ABC
	GYMNASTICS	SAQ	DANCE	GYMNASTICS 7-12	COMPETATIVE	
Year 3	ABC	TACTICS & STRATEGIES	SEND & RECEIVE	ATTACK & DEFEND	ORIENTEERING	GYMNASTICS 1-6
	GYMNASTICS 1-6	SAQ	DANCE	GYMNASTICS 7-12	COMPETITIVE	
Year 4	ABC	TACTICS & STRATEGIES	SEND & RECEIVE	ATTACK & DEFEND	ORIENTEERING	ATHLETICS

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	GYMNASTICS 1-6	SAQ	DANCE	GYMNASTICS 7-12	COMPETITIVE	STRIKING & FIELDING
Year 5	ABC	TACTICS & STRATEGIES	SEND & RECEIVE	ATTACK & DEFEND	ORIENTEERING	ATHLETICS
	GYMNASTICS 1-6	SAQ	DANCE	GYMNASTICS 7-12	COMPETITIVE	STRIKING & FIELDING
Year 6	ABC	TACTICS & STRATEGIES	SEND & RECEIVE	ATTACK & DEFEND	ORIENTEERING	ATHLETICS
	GYMNASTICS 1-6	SAQ	DANCE	GYMNASTICS	COMPETATIVE	STRIKING AND FIELDING